

**“A Plain Block”**  
**Alternate Block with Hope Star**  
 8” X 8” (finished size)

**Makes one block, or choose yardage to strip-piece 8 blocks.**

Fabric Choices

Use a light-colored, neutral background print, and any color print.

Yardage

Small amounts to make 1 block. Or, for strip cutting 8 blocks (based on 40” fabric width)

1/3 yard neutral print

1/3 yard color print

**Cutting for 1 Block**

From a neutral print cut:

- 4 – 2½” X 4½” rectangles

From a color print cut:

- 1 - 4½” X 4½” square
- 4 - 2½” X 2½” squares

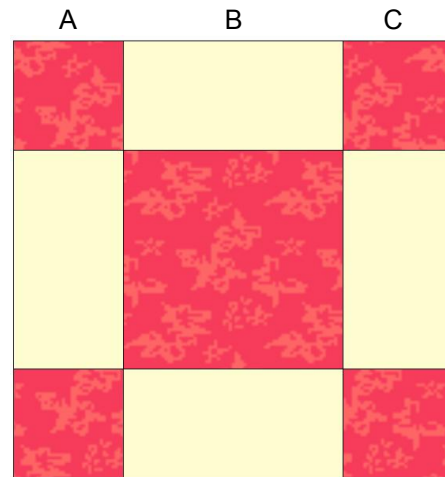
**Strip Cutting for Multiple (8) Blocks**

From a neutral print cut:

- 2 cross-grain strips – 2½”
- 1 cross-grain strip – 4½”

From the color print cut:

- 2 cross-grain strip – 2½”
- 1 cross-grain strip – 4½”



**Make “A Plain Block”**

To make 1 block, arrange pieces as shown. Sew columns together to make a web. Sew rows together.

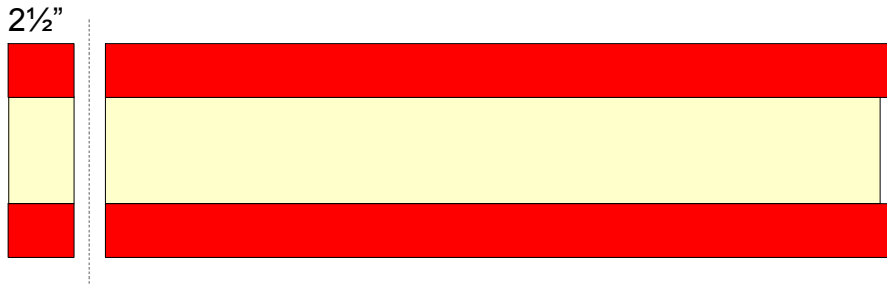
Strip Sew Multiple Blocks

*Make Columns A and C*

Sew together a 2½” color print strip, a 4½” neutral print strip, and a 2½” color print strip as shown. Press seam allowances toward the color print strips.

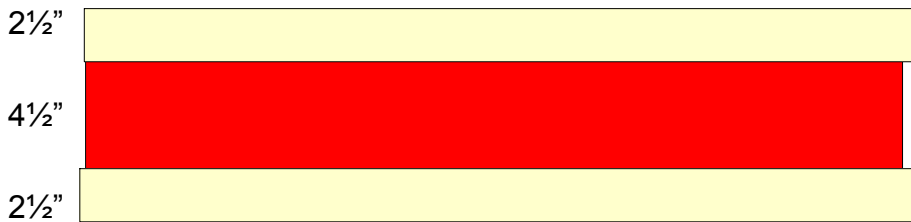


Straighten left edge to remove selvage. Sub cut joined strips into  $2\frac{1}{2}$ " wide segments to make 16 sets for columns A and C of the block.

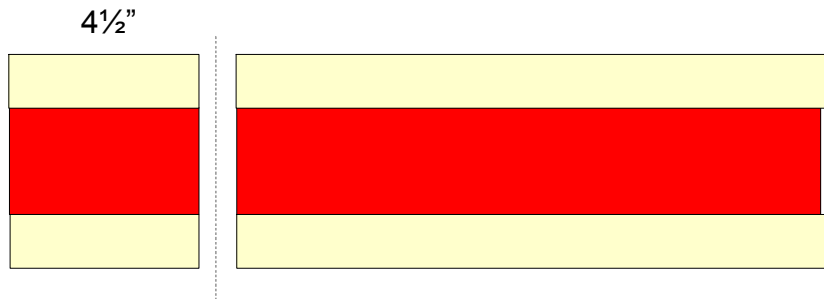


*Make Column B*

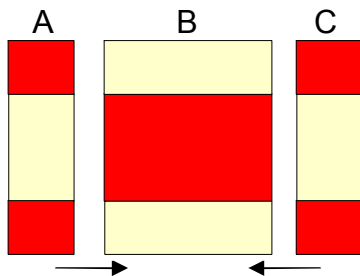
Sew together a  $2\frac{1}{2}$ " neutral print strip, a  $4\frac{1}{2}$ " color print strip, and a  $2\frac{1}{2}$ " neutral print strip. Press seam allowances toward the color print strip.



Straighten left edge to remove selvage. Sub cut joined strips into  $4\frac{1}{2}$ " wide segments to make 8 sets for the center (B) column of the block.



Join as shown below. Press seam allowances as indicated by arrows.



An unfinished block should measure  $8\frac{1}{2}$ " X  $8\frac{1}{2}$ ".